

PhD Cycle XL - II Year of the PhD Programme

***Comfort and Wellbeing as Impact Criteria of the Smart
Readiness Indicator***

PhD Candidate: Alessandra Gugliandolo

Supervisor: Prof. Fabio Minutoli
Co- Supervisor: Prof. Mauro Prestipino

Subject of the Research and Scientific Context



Climate Challenge

Rising temperatures and climate change require efficient solutions for **summer cooling**.



University Residences

Ideal contexts characterised by high occupant density with different needs and habits.



Energy Impact

Summer air conditioning has a significant impact on energy consumption and greenhouse gas emissions.

KEY WORDS: ENVIRONMENTAL, PROTECTION, WELL-BEING, COMFORT

It is therefore essential to integrate a joint assessment of subjective comfort, objective environmental conditions and energy performance.

ONE SINGLE SCORE CLASSIFIES
THE BUILDING'S SMART READINESS



total score is based on average of total scores on 8 impact criteria

8 IMPACT
CRITERIA



The **SMART READINESS INDICATOR** as an instrument to measure the smartness of a building.

Relevance of the Research: Three Main Profiles

Scientific Profile

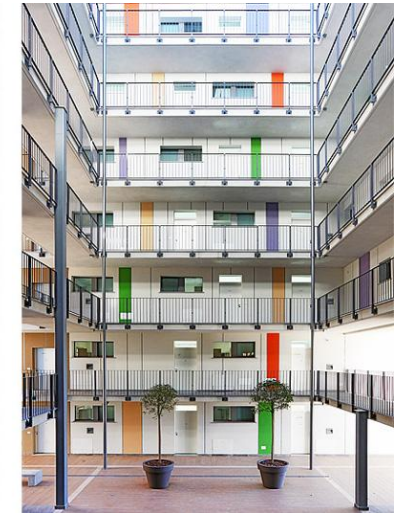
It helps to fill a gap in the existing literature, still limited in describing the potential of SRI with respect to the issues of **indoor comfort** and **adaptivity of buildings**

Application Profile

It provides useful elements for the design of user-oriented management and redevelopment strategies, with a view to optimizing consumption and **improving the quality of living**

Regulatory and Policy Profile

It is **part of the European framework** for the evolution of energy assessment tools, providing potentially transferable indications in the national implementation processes of the SRI



State of the Art: Gaps and Critical Issues

For Italy, the **Smart Readiness Indicator national Testing Phase** is currently underway, conducted in coordination with the MASE (Ministry of the Environment and Energy Security), with the participation of the ENEA working group, of which I am a member, for the analysis of the results of the first certifications on the national territory.

Lack of Systematic Studies

No direct links between SRI and thermal comfort, especially during the cooling period

Limited Integration

Poor combination of objective data (instrumental monitoring) and subjective assessments (questionnaires to occupants)

Lack of Climate Analysis

There is limited research on the climatic conditions in the Mediterranean area, which has long summers and high temperatures.

Need for Real Case Studies

Urgency of applied research capable of producing robust technical evidence for operational guidelines

Structure of the Thesis

The thesis is organized in seven main chapters that guide the reader through a logical and progressive path, from the theoretical framework to the final evaluation of the interventions implemented. Each chapter contributes to the construction of a solid and scientifically rigorous methodological framework.

01

Regulatory and Theoretical Framework

Analisi del raffrescamento estivo, comfort termico e Smart Readiness Indicator nel contesto normativo europeo e italiano

04

Pre-intervention environmental monitoring

Collection and analysis of instrumental data on microclimatic conditions before efficiency measures

07

Discussion and Recommendations

Summary of the results obtained, operational recommendations and future research perspectives

02

Research Methodology

Detailed description of the selected case study and the data collection systems implemented

05

Efficiency Measures

Description of the interventions aimed at cooling implemented on the building envelope and on the systems

03

Occupant Perception

Qualitative and quantitative analysis of the questionnaires administered to resident students

06

Pre and Post Intervention Comparison

Comparative evaluation of the conditions and impact on the Smart Readiness Indicator

First investigation

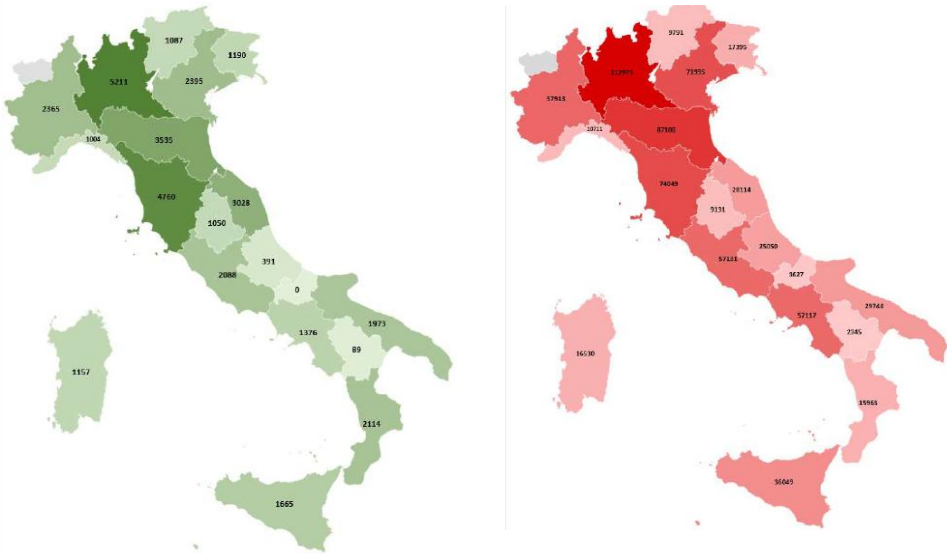
REGION	STUDENT ACCOMODATION	RESIDENTS OUTSIDE PROVINCE	MISSING ACCOMODATION	AVAILABLE ACCOMODATION
Piemonte	2365	60278	57913	3,92%
Lombardia	5211	123184	117973	4,23%
Trentino Alto Adige	1087	10878	9791	9,99%
Veneto	2395	74330	71935	3,22%
Friuli Venezia Giulia	1190	18585	17395	6,40%
Liguria	1004	11715	10711	8,57%
Emilia Romagna	3535	90635	87100	3,90%
Toscana	4760	78809	74049	6,04%
Umbria	1050	10181	9131	10,31%
Marche	3028	31142	28114	9,72%
Abruzzo	391	25441	25050	1,54%
Molise	0	3627	3627	0,00%
Lazio	2088	59219	57131	3,53%
Basilicata	89	2434	2345	3,66%
Puglia	1973	31717	29744	6,22%
Campania	1376	58493	57117	2,35%
Calabria	2114	18077	15963	11,69%
Sicilia	1665	37714	36049	4,41%
Sardegna	1157	17687	16530	6,54%
ITALIA	36478	764146	727668	4,77%

Student accommodation in university residences (2022)

Paper: “Public University Residences as a driver for energy renovation. Reflections on summer thermal performance”



It is important to remember that national legislation on the right to study allows non resident students - enrolled within a year beyond the normal course duration and with certain merit requirements - to apply for these places.



Source: 2022 National Council of University Students report

First investigation



The criteria for drawing up the ranking list include: student accommodation must provide for the **integration of information and multimedia technologies**.

This involves an assessment of the available technology and any strategies for **integration with the existing infrastructure**.

LN 1551/1951 e sue applicazioni
Increase in state contributions to universities

L. 14 novembre 2000, n. 338
Provisions regarding accommodation and residences for university students

L. 6 agosto 2008, n. 133
Urgent provisions for economic development, ... of public finance and tax equalization

D.M. 42 /2007 e D.M. 26/2011
Procedures for the presentation of projects and for the disbursement of funding

D.M. 43/2007 e D.M. 27/2011
Minimum dimensional and quality standards and guidelines relating to technical and economic parameters

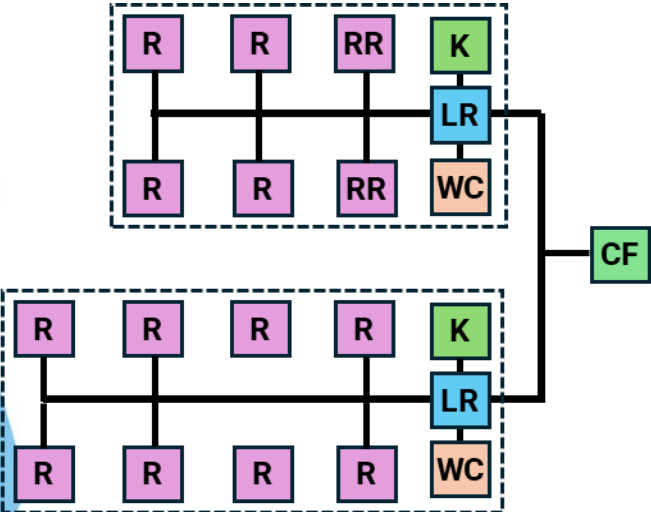
D.M. n. 41/2008
First Three-year Plan, co-financing of housing and university residences

D.M. n. 936 28.11.2016
Minimum standards for the construction of housing and residences for university students

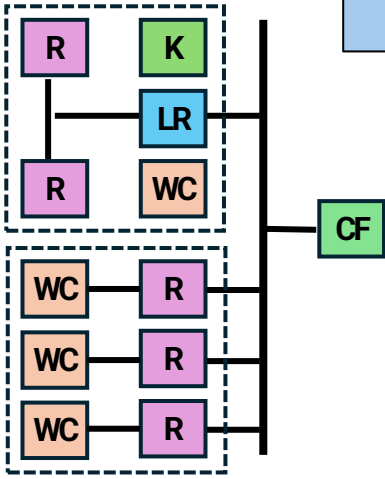
D.M. n. 937/2016
Procedures for the submission of projects

DM n. 481 del 26-02-2024
Acquisition of the availability of new beds in student accommodation or residences of higher education institutions, in implementation of Reform 1.7 - "Student housing and reform of student housing legislation" envisaged by Mission 4, Component 1 " of the PNRR

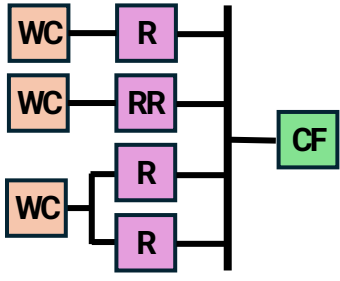
Integrated units



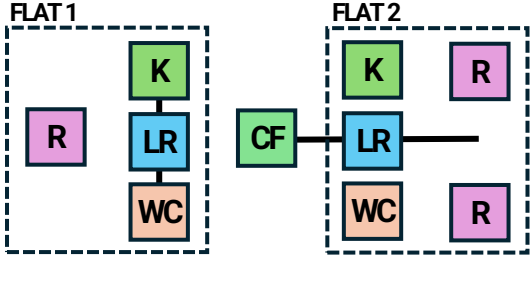
Mixed



Hotel



Mini apartment



PNRR funds:

Resources aimed at increasing the number of beds for university students



Ministero
dell'Università
e della Ricerca

Ministerial Decree no. 469 of 12-05-2023

Notice aimed at identifying expressions of interest from subjects who intend to make available properties to be used as housing or university residences for students of higher education institutions



MAPPING OF EXISTING BUILDINGS
SUITABLE FOR CONVERSION INTO
STUDENT HOUSING

+ 595 BUILDINGS
=
+ 67925 BEDS



The aspect most closely linked to energy saving and efficiency cannot be separated from automation **and intelligent regulation tools** (BACS, Building Automation and Controls Systems) that allow you to "control" and reduce overall energy consumption



MISSION 1

DIGITIZATION, INNOVATION,
COMPETITIVENESS, CULTURE AND TOURISM



MISSION 2

GREEN REVOLUTION AND ECOLOGICAL TRANSITION



MISSION 3

INFRASTRUCTURE FOR SUSTAINABLE MOBILITY



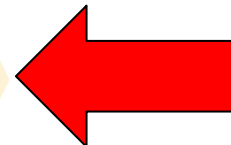
MISSION 4

EDUCATION AND RESEARCH



MISSION 5

INCLUSION AND COHESION



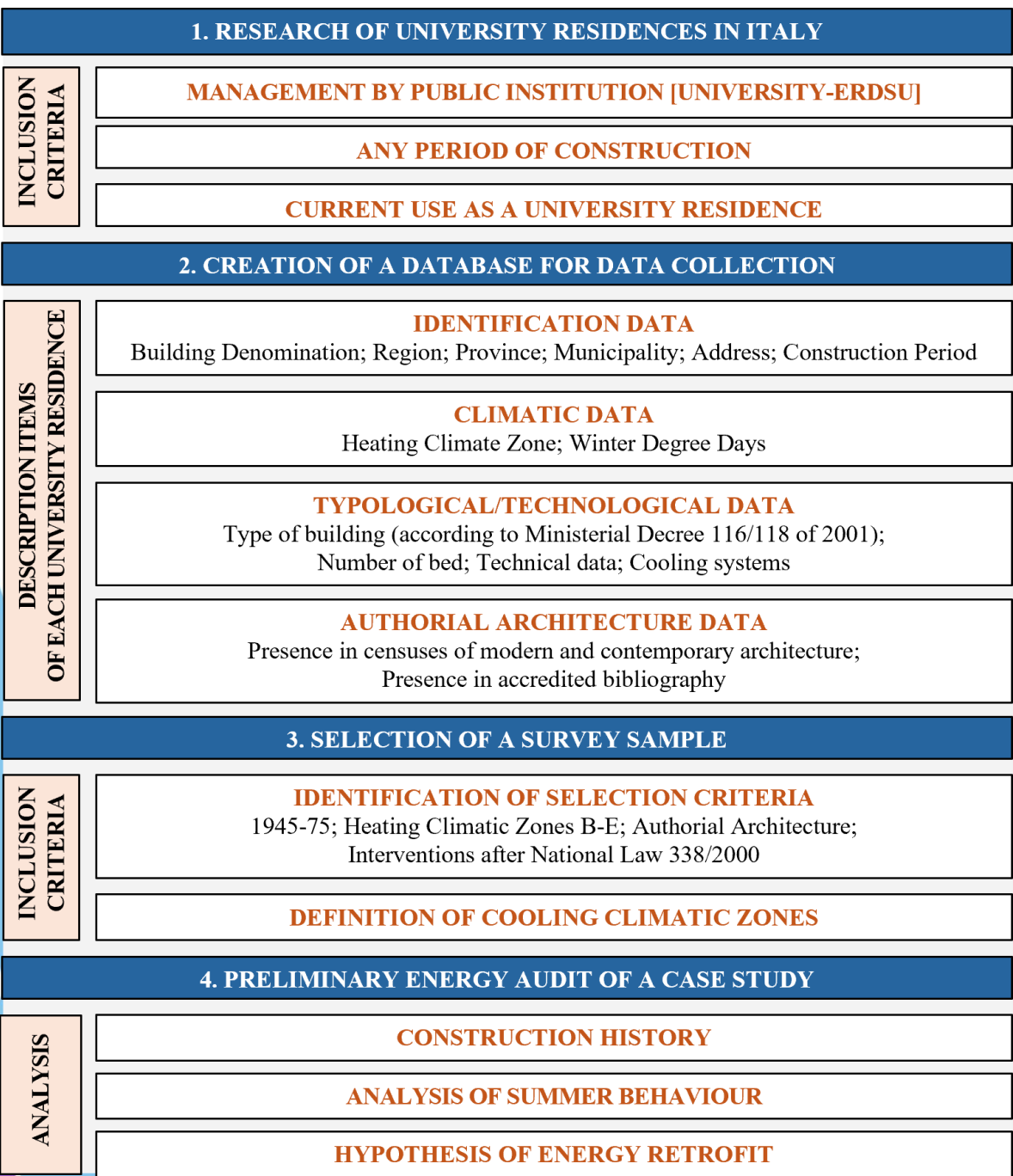
MISSION 6
HEALTH

**Piano
Nazionale**

**di Ripresa
e Resilienza**

#NEXTGENERATIONITALIA#NEXTGENERATIONITALIA

In art. 10 – Methods of evaluation and approval of the interventions of Ministerial Decree no. 481 of 26-02-2024 in the evaluation criteria there is quality of the intervention: **level of functionality and comfort**, also with reference to the degree of environmental sustainability and technological innovation of the solutions adopted



PHASE I
Census of existing university housing stock



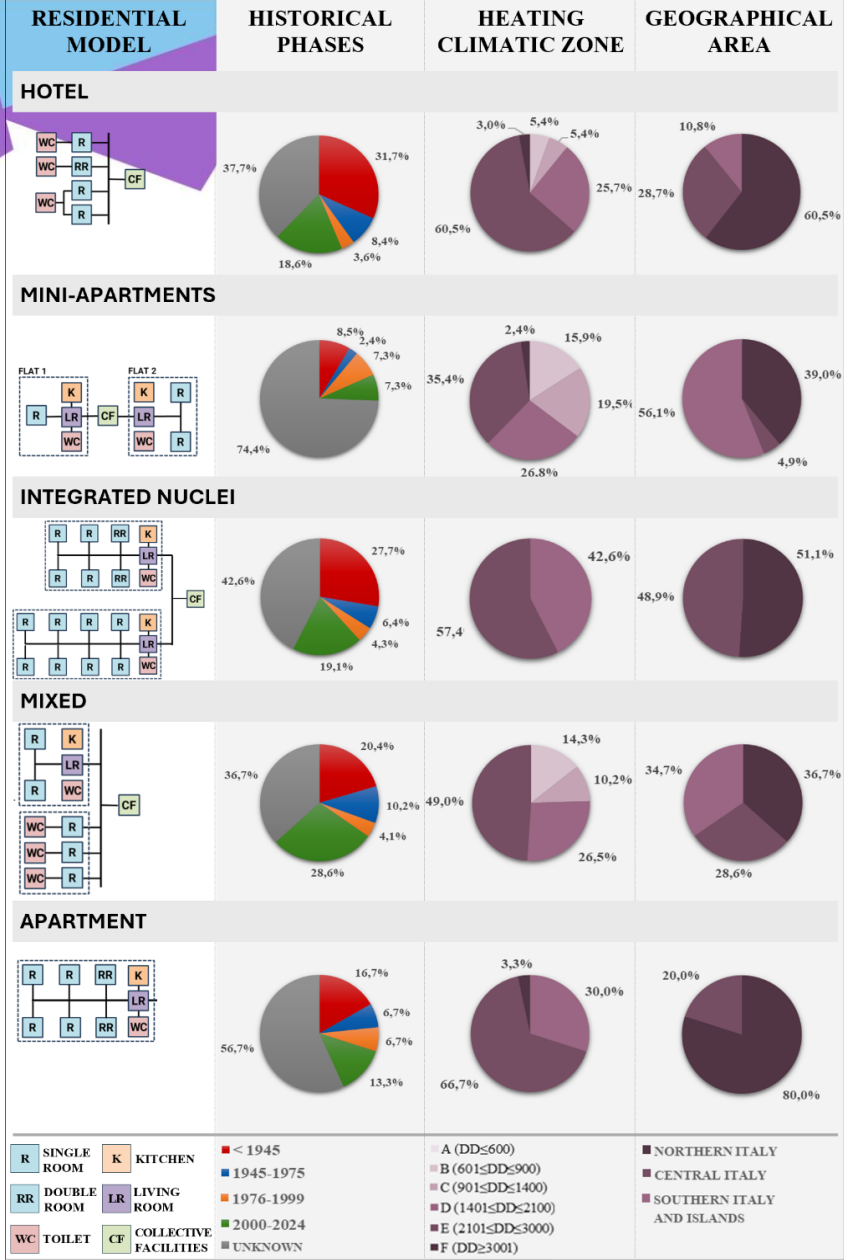
PHASE II
Setting up a database identification data, climate data, typological / technological data, authorial architectural data



PHASE III
Selection of a sample of buildings based on established criteria; Definition of cooling climate zones



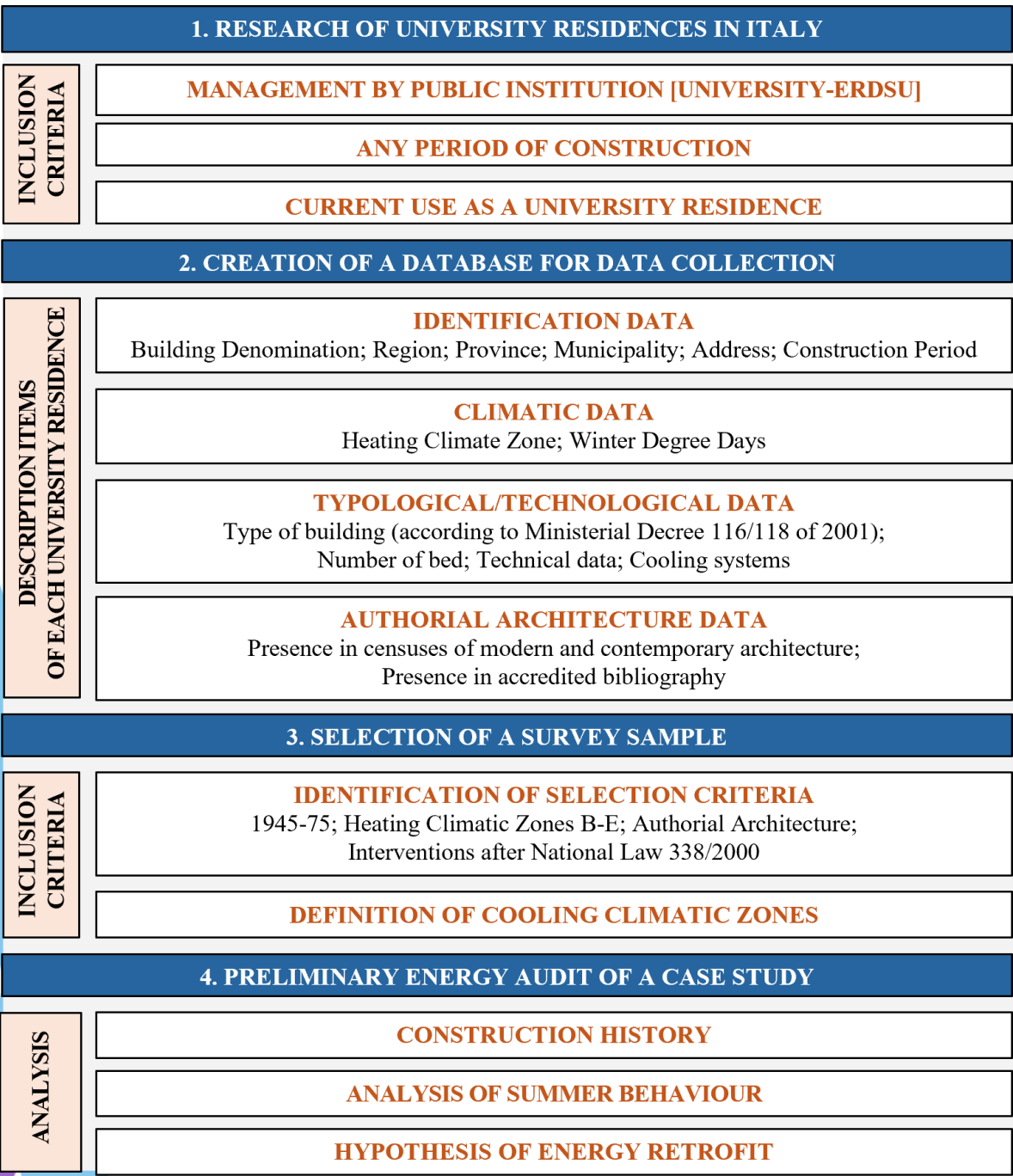
PHASE IV
Choice of the case study;
Energy audit June-September
State of fact and project



Public University Residences as a driver for energy renovation. Reflections on summer thermal performance

A. Cernaro, O. Fiandaca, A. Gugliandolo and F. Minutoli
in Colloquiate 2025 Trento 18 dicembre 2025

Fig. 1. Methodological approach



PHASE I
Census of existing university housing stock



PHASE II
Setting up a database identification data, climate data, typological / technological data, authorial architectural data

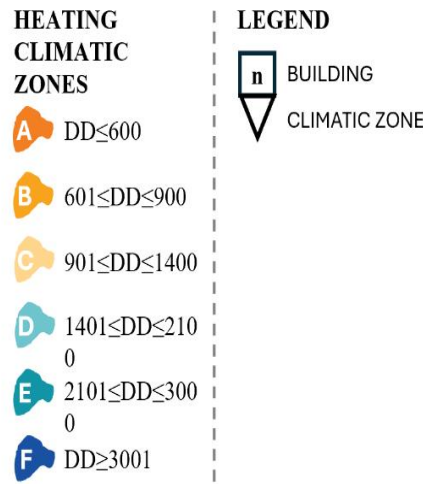


PHASE III
Selection of a sample of buildings based on established criteria; Definition of cooling climate zones



PHASE IV
Choice of the case study;
Energy audit June-September
State of fact and project

1945-1975



- | | |
|---|---|
| 1. Calamandrei e ATER (Firenze) | 14. Rainerum (Bolzano) |
| 2. Campus (Modena) | 15. Residenza Agraria (Perugia) |
| 3. Casa della Gioventù (Bressanone) | 16. Residenza Bassini (Milano) |
| 4. Casa dello Studente (Matera) | 17. Residenza Carducci (Bologna) |
| 5. Casa dello Studente (Bari) | 18. Residenza Cleto Tomba (Bologna) |
| 6. Casa dello Studente (Messina) | 19. Residenza David Maria Sassoli (Firenze) |
| 7. Casa dello Studente E1 (Trieste) | 20. Residenza Donati (Modena) |
| 8. Casa dello studente Galileo Galilei (Milano) | 21. Residenza Ex Enav (Forlì) |
| 9. Collegio Colle (Urbino) | 22. Residenza Giulio Regeni (Roma) |
| 10. Collegio di Milano (Milano) | 23. Residenza Mattioli (Siena) |
| 11. Collegio Don Bosco (Pavia) | 24. Residenza Parthenope (Napoli) |
| 12. Collegio E. MATTEI 1 (Camerino) | 25. Residenza Villa Marchi (Reggio Emilia) |
| 13. Collegio Gerolamo Cardano (Pavia) | 26. Residenza Villino Bianca (Firenze) |

SELECTION CRITERIA

1945-75 • heating Climatic Zone B-E
Authorial Architecture • Interventions after National Law 338/2000

Public University Residences as a driver for energy renovation. Reflections on summer thermal performance

A. Cernaro, O. Fiandaca, A. Gugliandolo and F. Minutoli
in Colloquiate 2025 Trento

Fig. 1. Methodological approach



PHASE I
Census of existing university housing stock



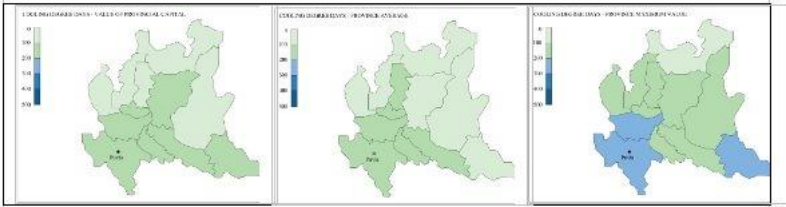
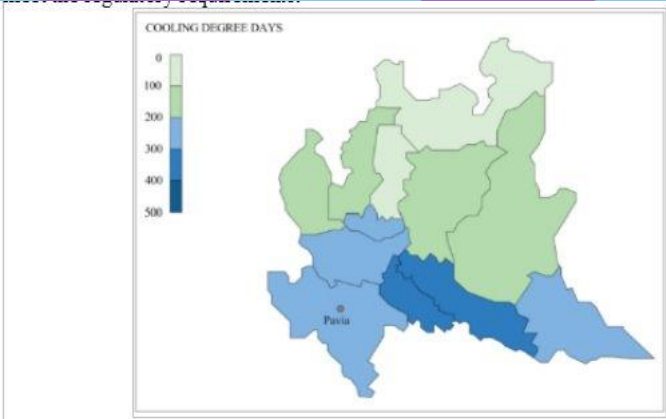
PHASE II
Setting up a database
identification data, climate data,
typological / technological data,
authorial architectural data



PHASE III
Selection of a sample of
buildings based on established
criteria; Definition of cooling
climate zones



PHASE IV
Choice of the case study;
Energy audit June-September
State of fact and project

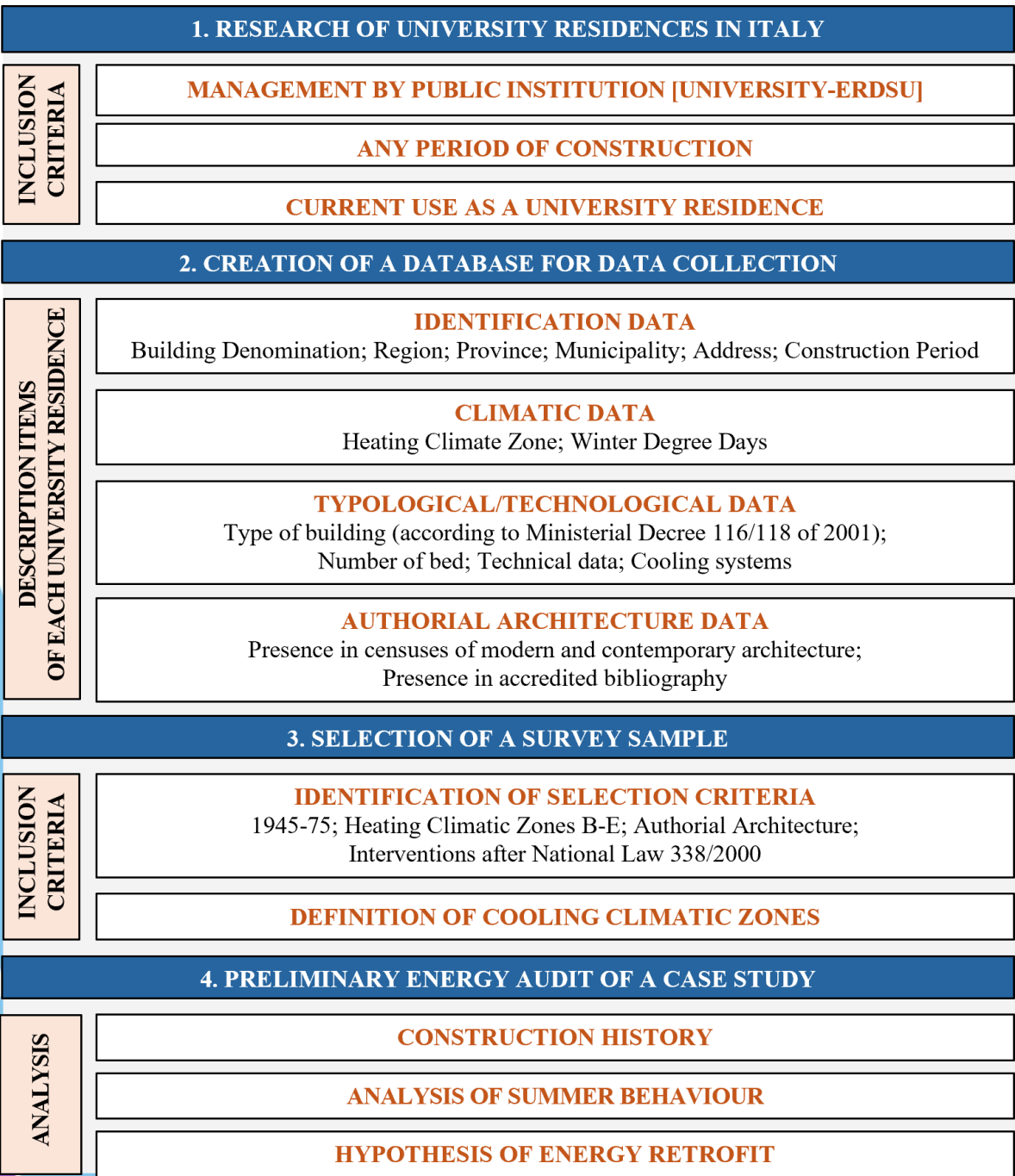


A Python algorithm has been developed for the identification of climate zones based on cooling needs and the degree days of heating and cooling have been calculated so as to have a detailed classification of the climatic needs at the territorial level

*Public University Residences as a driver for energy renovation.
Reflections on summer thermal performance*

*A. Cernaro, O. Fiandaca, A. Gugliandolo and F. Minutoli
in Colloquiate 2025 Trento*

Fig. 1. Methodological approach



PHASE I
Census of existing university housing stock



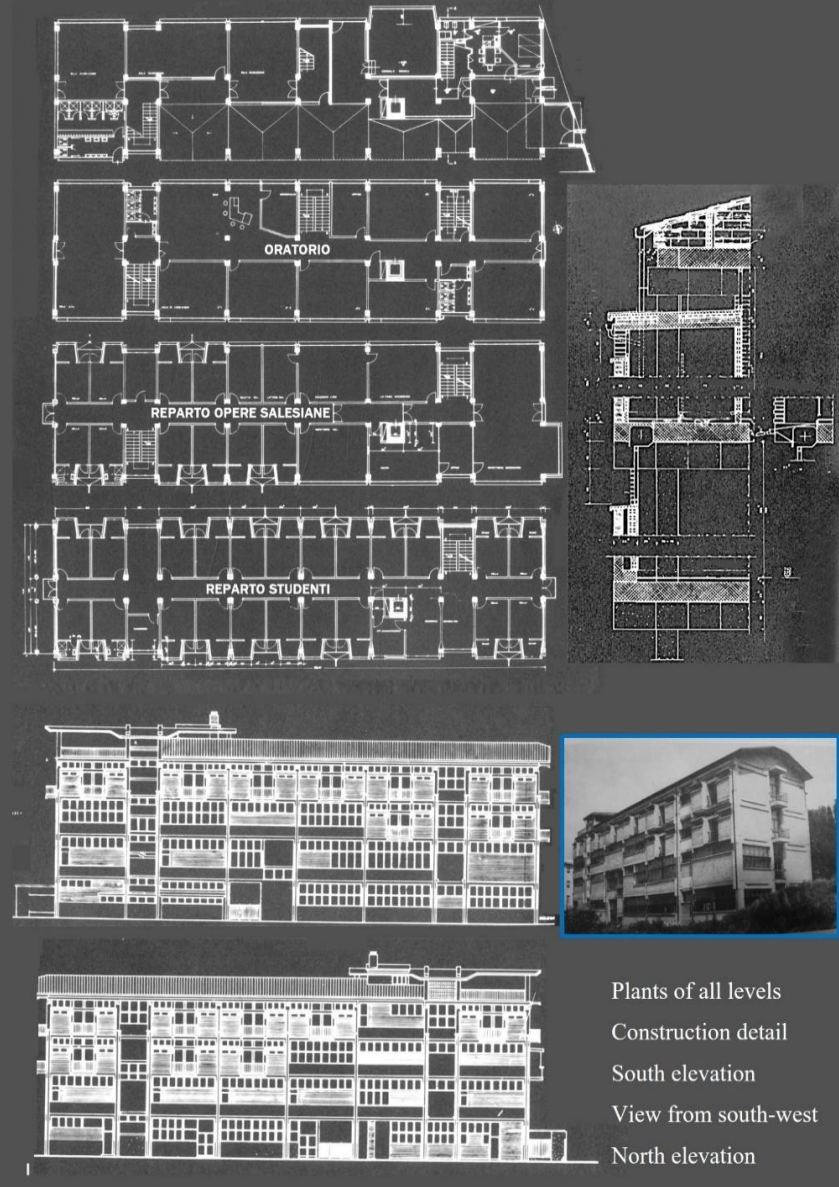
PHASE II
Setting up a database
identification data, climate data,
typological / technological data,
authorial architectural data



PHASE III
Selection of a sample of
buildings based on established
criteria; Definition of cooling
climate zones



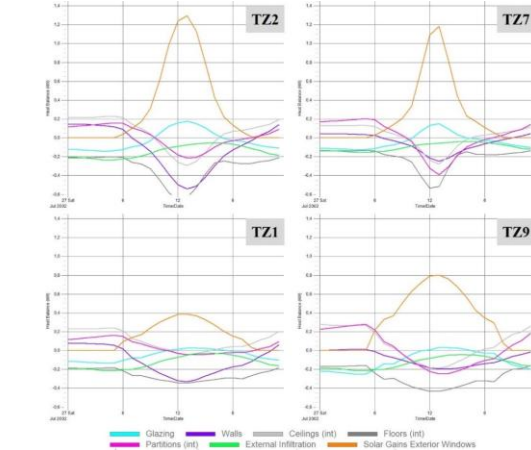
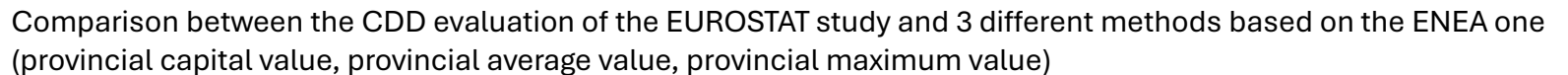
PHASE IV
Choice of the case study;
Energy audit June-September
State of fact and project



**Public University Residences as a driver for energy renovation.
Reflections on summer thermal performance**

A. Cernaro, O. Fiandaca, A. Gugliandolo and F. Minutoli
in Colloquiate 2025 Trento

Fig. 1. Methodological approach



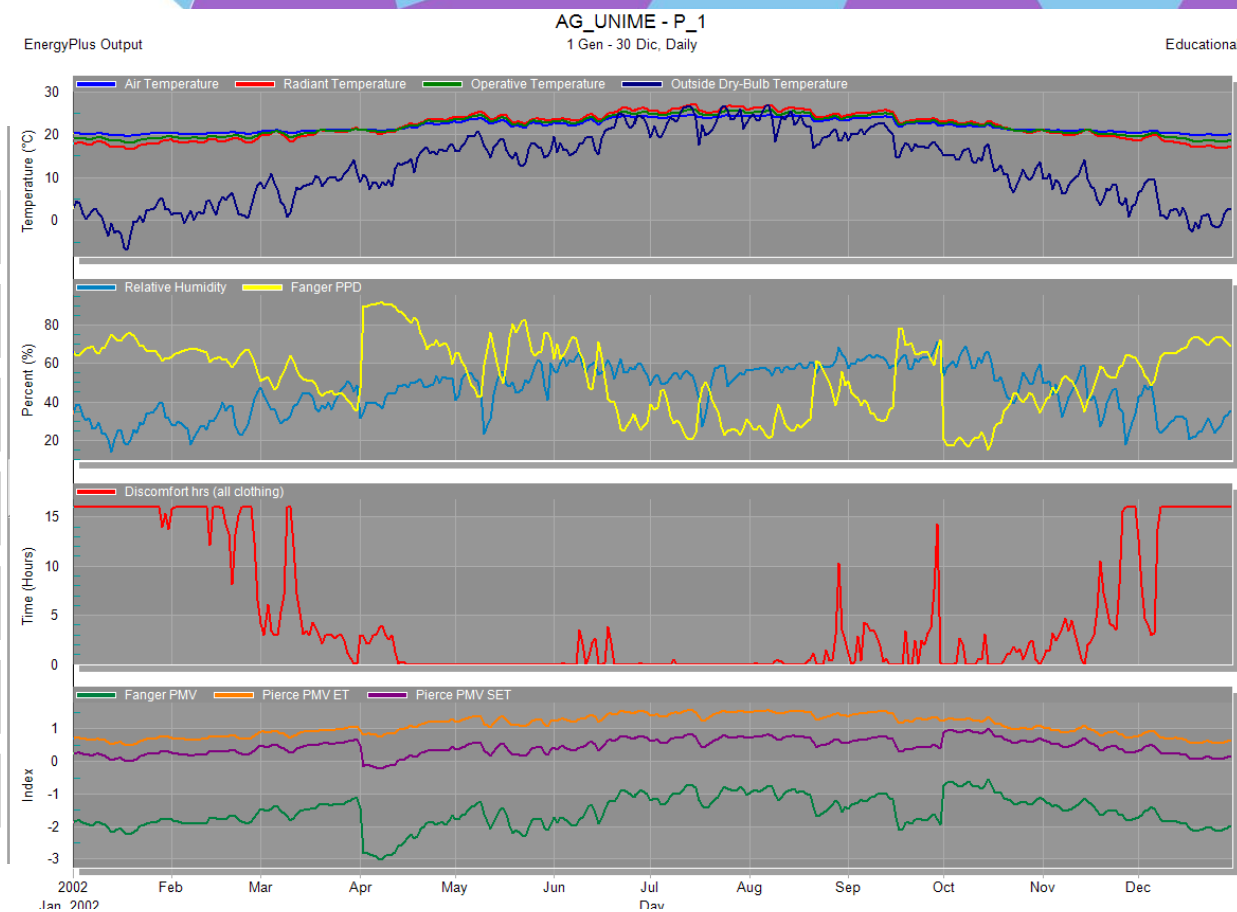
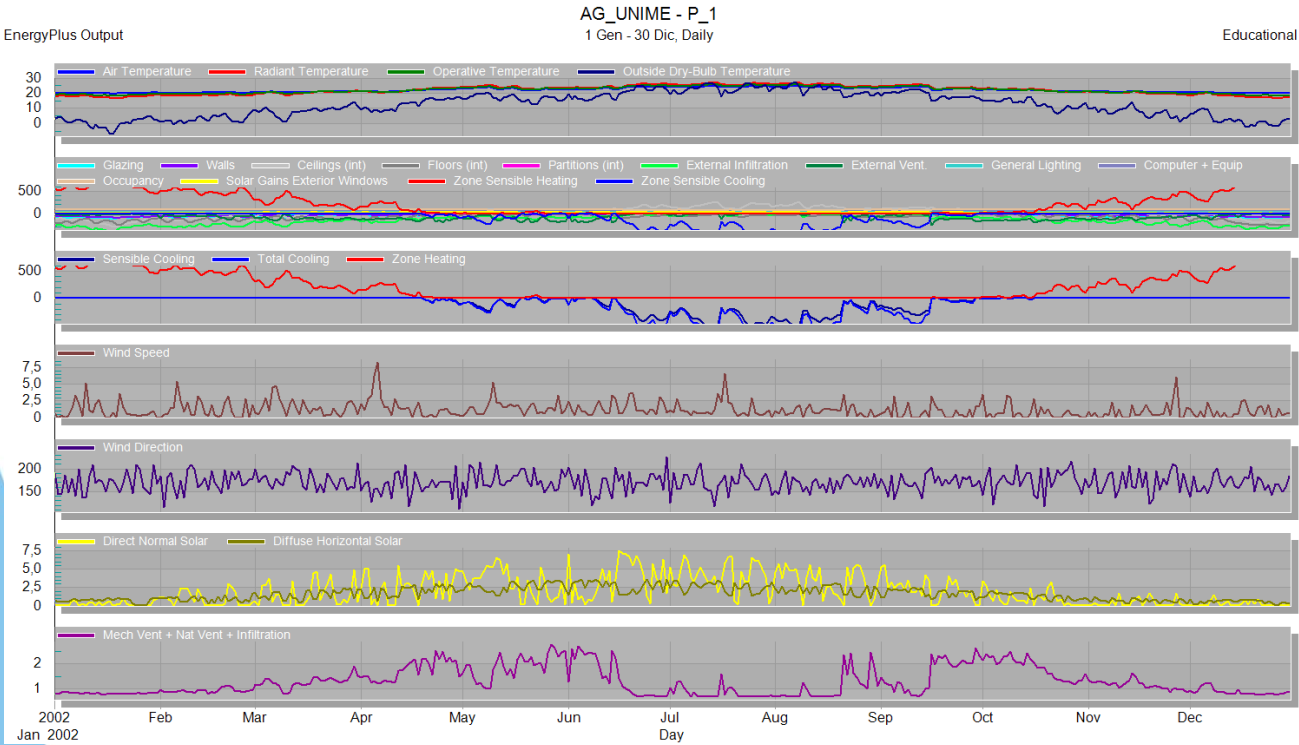
PERIOD	ANTE-OPERAM		POST-OPERAM (PHASE 2)	
	Glazing	Solar gains windows	Glazing	Solar gains windows
June	-785,44	3506,70	73,42	466,68
July	-730,61	3707,26	157,78	495,52
August	-767,19	3526,71	78,45	461,89
September	-835,89	3046,17	-52,54	386,95

Heat balance for thermal zones

**Scheda descrittiva del Collegio
Universitario Don Bosco, Pavia**

Research Advancement in the First Year

Completed Tasks



Bibliographic Review

Systematic analysis of the state of the art and the regulatory framework

1

Surveys Design

Development of the investigation tool for subjective perception

2

Inspections

Technical visits to the university residence case study

3

Monitoring Configuration

Planning the sensor network and data collection methods

4

Methodological Framework and Future Perspectives

Behavioral Assessment
Analysis of subjective perception through
Structured questionnaires

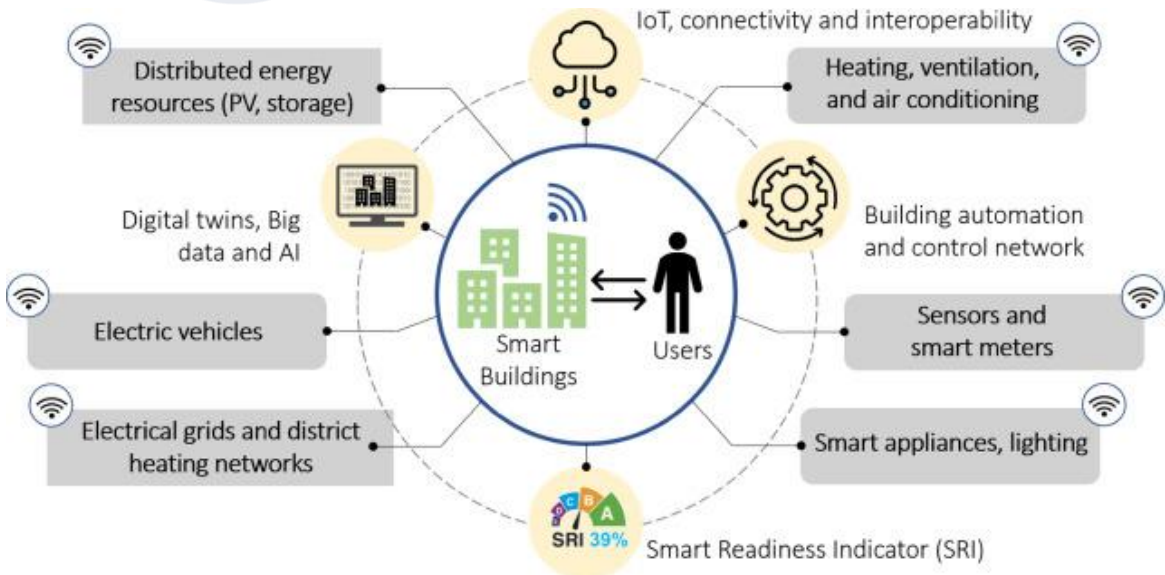
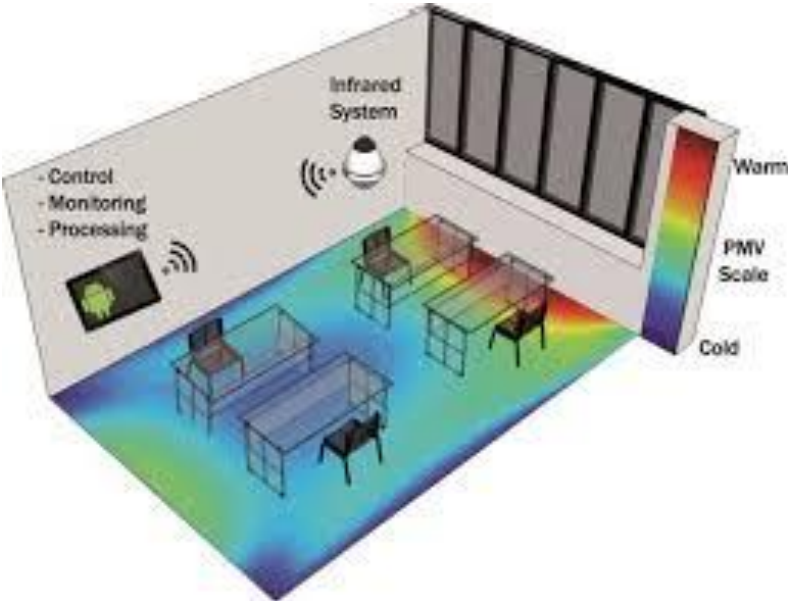
Benchmarking
Comparison before and after efficiency interventions

Microclimatic monitoring
Continuous collection of objective environmental data

SRI criteria
Integration with the parameters of the
Smart Readiness Indicator

Energy Efficiency
Evaluation of cooling performance

Next Steps of Research



Bibliography and Scientific References

The research is based on an extensive bibliography ranging from studies on student living conditions and the energy efficiency of residential buildings to the implementation of the Smart Readiness Indicator and assessments of indoor environmental quality. The main scientific references that guided the theoretical and methodological approach of the research are listed below.

Territorial context

Comune di Parma – Università di Parma (2022). *Parma città universitaria. Tre anni di iniziative e progetti: 2018-2021*.

Piferi C (2021). *La qualità dell'abitare a servizio del diritto allo studio*. Edizioni opera universitaria, Trento.

Residential Energy Efficiency

Bianco V, Marmorì C (2022). Modelling the deployment of energy efficiency measures for the residential sector. Case Italy. *Sustain. Energy Technol. Assess.* 49, 101777.

Taherian H, Peters RW (2023). Advanced Active and Passive Methods in Residential Energy Efficiency. *Energies*. 16(9):3905.

Diab Z, Younes J, Ghaddar N (2024). Optimal passive interventions for enhancing resilience of naturally ventilated residential buildings in future climatic extremes.

Smart Readiness Indicator

Plienaitis G, Daukšys M, Demetriou E, Ioannou B, Fokaides PA, Seduikyte L (2023). Evaluation of the Smart Readiness Indicator for Educational Buildings. *Buildings*, 13(1), Article 28.

Calandri M, Tafelmaier L, Rathje T, et al. (2025). Smart building assessments: optimizing SRI calculation using a BIM-based data exchange framework. *Frontiers in Built Environment*.

Luo W, Johra H, Borkowski E, et al. (2025). Developing a weighting scheme for building operational performance: A case study from the Netherlands. *Building and Environment*, 257, 113762.

Indoor Environmental Quality

Poyyamozi M, Murugesan B, Rajamanickam N, Shorfuzzaman M, Aboelmagd Y (2024). IoT—A promising solution to energy management in smart buildings: A systematic review, applications, barriers, and future scope. *Sensors*, 24(5), 1642.

Post-Occupancy Evaluation

Kim YK, Abdou Y, Abdou A, Altan H (2022). Indoor environmental quality assessment and occupant satisfaction: A post-occupancy evaluation of a UAE university office building. *Buildings*, 12(7), 986.

Studies on University Buildings

Maigari M, Fu C, Balodimou E, Kc P, Sudhakaran S (2025). An indoor environmental quality study for higher education buildings with an integrated BIM-based platform. *Sustainability*, 17(13), 6155.

IEQ Analysis on Campuses

AlGaithi S, Kim YK (2021). Analysis of indoor environment quality (IEQ) in UAE University campus building, UAE. In *ZEMCH 2021 – 8th Zero Energy Mass Custom Home International Conference, Proceedings* (pp. 271–284). ZEMCH Network.

❏ The complete bibliography of the thesis will include further references that will emerge during the subsequent phases of the research, with particular attention to the most recent developments in the field of Smart Readiness Indicator and summer thermal comfort in the Mediterranean environment.

Thank you for your kind attention

Alessandra Gugliandolo

PhD Candidate (Cycle XL) – University of Messina

Alessandra.gugliandolo@studenti.unime.it



Alessandra Gugliandolo



0000-0002-0229-2743



Alessandra Gugliandolo